

# **WALKING IN THE SPIRIT**

**Galatians 5:22-25**

***“To the churches in Galatia: Grace and peace to you from God our Father and the Lord Jesus Christ, who gave himself for our sins to rescue us from the present evil age, according to the will of our God and Father, to whom be glory for ever and ever. Amen.”***

- ***Romans*** came from the head of Paul while ***Galatians*** came from his heart.
- ***Galatians*** takes up controversially what ***Romans*** puts systematically.

The true Gospel of Jesus Christ was for the salvation of every one, Jews and non-Jews. It did not come from observing the Jewish Law but by grace through faith in Jesus Christ. Therefore, **a person is saved by grace through faith in Jesus and lives by that grace, sanctified by the Holy Spirit.**

It is for freedom that Christ has set us free. **Stand firm, then, do not let yourselves be burdened again by the yoke of slavery.** (Galatians 5:1)

Since we have heard that some who went out from us have troubled you with words, unsettling your souls, saying, "You must be circumcised and keep the law" —to whom we gave no *such* commandment— it seemed good to us, being assembled with one accord, to send chosen men to you with our beloved Barnabas and Paul, men who have risked their lives for the name of our Lord Jesus Christ. We have therefore sent Judas and Silas, who will also report the same things by word of mouth. For it seemed good to the Holy Spirit, and to us, to lay upon you no greater burden than these necessary things: that you abstain from things offered to idols, from blood, from things strangled, and from sexual immorality. If you keep yourselves from these, you will do well. Acts 15:24-29 NKJV

But **the fruit of the Spirit is love**, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. **Since we live by the Spirit, let us keep in step with the Spirit.**  
(Galatians 5:22-25)

Biblical principle:

**Walking in the Spirit *produces* the Fruit of the Spirit**

Foundational truth: The Holy Spirit lives in us the moment we believe in Jesus. He empowers us to live the Christian life.

Anyone who does not have the Spirit of Christ does not belong to Him. (Romans 8:9b ESV)

Walking in the Spirit *produces* the Fruit of the Spirit

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. (Galatians 5:22-23)



# Love is the fruit of the Holy Spirit

Joy is love's consciousness,  
Peace is love's confidence,  
Patience is love's habit,  
Kindness is love's activity,  
Goodness is love's quality,  
Faithfulness is love's quantity,  
Gentleness is love's tone and  
Self Control is love's victory.

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*Move On To Maturity*

But the fruit of the Spirit IS love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. (Galatians 5:22-23a)

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails. (1 Corinthians 13:4-8)

# The Fruit of the Spirit

It is the Holy Spirit's intent to produce ALL the qualities of His fruit of love in us - joy, peace, patience, kindness, goodness, faithfulness, gentleness and self control.

The presence of these qualities are indicators of the depth of our walk.

Expect two things to happen when we are walking in the Spirit:

- Qualities of the fruit will spring forth naturally from us
- These qualities will manifest more and more in our character

**Walking in the Spirit** *produces* the Fruit of the Spirit

Since we live by the Spirit, let us **keep in step** with the Spirit. (Galatians 5:25)

How do we **keep in step** with the Spirit?

So I say, live by the Spirit and you will not gratify the desires of the sinful nature. (Galatians 5:16)

# **A.S.K as we walk in the Spirit**

**A**cknowledge helplessness without the Spirit

**S**eek God for the Spirit's empowerment

**K**eep acting in love